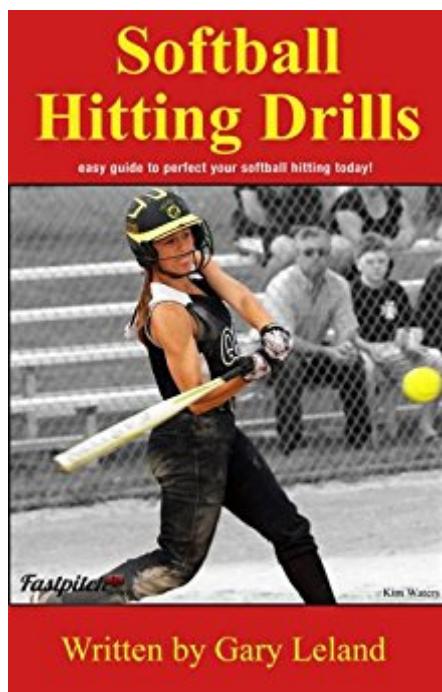


The book was found

Softball Hitting Drills: Easy Guide To Perfect Your Softball Hitting Today! (Fastpitch Softball Drills)



Synopsis

Great practice drills for fastpitch softball hitting. Brought to you by Gary Leland publisher of the Fastpitch Softball TV Network. Gary's teams won the 14 and under, and the 15 and under Texas USSSA State championships back to back. His teams came in fourth and fifth in the USSSA National Championships for 14 under, and 15 under. Now he shares some of the drills his team used while training his fastpitch softball team. It seems like a lifetime ago, but I still remember when I started coaching my daughters fastpitch softball team. I had played a little baseball growing up, and some slowpitch softball along the way too. I soon found out two things. One is that fastpitch softball was a sport of its own. While so many things are the same. There are many things that are different in fastpitch softball than baseball, or slowpitch softball. Two is that I knew nothing about coaching fastpitch softball players at all. Playing sports had not really taught me how to coach. One of the main things new coaches are looking for is information. This book is my attempt to provide another source for that information. While I admit I did not come up with these hitting drills. Many of them have probably been used for years, and years. What I did was find many of the great hitting drills I used with my hitters while coaching. Then I wrote them in an easy to understand format. Trying to make them easy to learn and use. While this may be a guide for coaches to help their young hitters, this is also be a great resource for parents hoping to help their daughters become better fastpitch softball Hitters.

Book Information

File Size: 3567 KB

Print Length: 49 pages

Simultaneous Device Usage: Unlimited

Publisher: Fastpitch Softball TV Network (May 4, 2014)

Publication Date: May 4, 2014

Sold by: Digital Services LLC

Language: English

ASIN: B00K5BSOW0

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #226,715 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #7 in Kindle Store > Kindle eBooks > Nonfiction > Sports > Softball #20 in Books > Sports & Outdoors > Softball #137 in Kindle Store > Kindle Short Reads > 90 minutes (44-64 pages) > Sports & Outdoors

Customer Reviews

Can't wait to try it with my softball team. Like some of the drills that I saw.

I can't understand why anyone wouldn't like this book. It's a terrific resource for any baseball coach--and it's written by a winning coach. One of the best books on softball hitting out there.

Very many good tips but some could use illustrations to aid understanding. I'll have to try these to check their effectiveness.

Great simple drills. Would recommend for little league to high school coaches. Great buy.....

Good book. Diagrams for some of the drills would make it better. Overall a very helpful tool. I enjoyed it

Where is it?

A total waste of time and money. This is a joke.

I thought there were some excellent drills in this book. I love that some of them incorporate learning and having fun!!

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